

Please circ	le residency
Resident of NRH	Non-resident

November 2024 Registration Form Name: _____

Registration to be submitted by 5pm on Mon., Oct. 28. Payment must be made by 5pm, Thur., Oct 31. SELF SPOUSE

Date	Activity	Time	Cost	Code	V	V
Fri/Nov 1	Chair Volleyball	3:00pm		22169		
Mon/Nov 4	Trail Trek at Dr Pillow Park	10:00am		22170		
Mon/Nov 4	Birthday Party Robert Martinez Funeral Home	2:00pm		22171		
Tues/Nov 5	Royal China Dallas Lunch Bunch	10:00am	\$11	22172		
Wed/Nov 6	Brain Games	10:30am		22173		
Wed/Nov 6	National Nachos Day Humana	11:30am		22174		
Wed/Nov 6	Three Texas Towns- Trip Information Meeting	3:30pm		22175		
Thur/Nov 7	Just Keep Stretchin'	9:00am		22176		
Thur/	Healthy Carbs with Texas A&M Agrilife	2:00pm		22177		
Nov7,14,21,Dec5	Must attend all 4 meetings					
Thur/Nov 7	Bingo with Ashford Insurance	2:00pm		22178		
Fri/Nov 8	Book Club	10:30am		22179		
Fri/Nov 8	Lunch & Learn: Senior Scams with NRHPD	11:45am		22180		
Fri/Nov 8	Jenn's Shenanigans Thanksgiving Mug	3:00pm	\$10	22181		
Mon/Nov 11	Operation: Cup of Joe Military Vet Group	8:00am		22182		
Mon/Nov 11	Veterans Day – Ride to City Hall	10:30am		22183		
Mon/Nov 11	National Sundae Day Encompass Health	2:00pm		22184		
Tues/Nov 12	Winstar – Tranportation Only	9:00am	\$15	22185		
Tues/Nov 12	Just Keep Stretchin'	2:30pm		22186		
Wed/Nov 13	AARP Safe Driving - \$20 AARP/\$25 for non	10:45am		22187		
Wed/Nov 13	Bingo with Ashford Insurance	10:30am		22188		
Thur/Nov 14	You're Never Too Old to Play in the Dirt	10:00am		22189		
Thur/Nov 14	Support Group	1:00pm		22190		
Fri/Nov 15	Pokeno Tournament Humana	3:00pm		22191		
Mon/Nov 18	Trail Trek at Adventure World Park	10:00am		22192		
Mon/Nov 18	Fossil Rim Tour	8:00am	\$49	22193		
Tues/Nov 19	Widowed Person Brunch Nations Insurance	10:30am		22195		
Tues/Nov 19	Just Keep Strengthenin'	2:30pm		22196		
Wed/Nov 20	November Luncheon Encompass Health	11:00am		22197		
Wed/Nov 20	Islands of New England Trip Information	1:00pm		22198		
Thur/Nov 21	Just Keep Stretchin'	9:00am		22199		
Fri/Nov 22	Chair Volleyball	3:00pm		22200		
Tues/Nov 26	Just Keep Stretchin'	2:30pm		22201		
Tues/Nov 26	Cup of Soup Green Valley Healthcare	11:30am		22202		
Wed/Nov 27	Bingo with Ashford Insurance	10:30am		22203		
Wed/Nov 27	Game Day – Play cards/dominos, etc. with us!	1:00pm		22204		
Nov 27 & 28	Closed Thursday & Friday for Thanksgiving					
Wed/Nov& Dec	Senior Art Class by ArtsNET	9:30am		22205		
November	November Donation		\$5	20516		
Mon & Wed	Silver Sneakers Class: Please Check One	8:30am	•	20527		
	I need to pay for class		\$15			
	Insurance pays for Silver Sneakers					